



*Immerse yourself in warmth and luxury, while experiencing an ambience that will leave you feeling relaxed and rejuvenated.*

## **WINTER SPA HOURS**

12pm-7pm (spa services)

### **MASSAGES**

#### **STONE THERAPY MASSAGE** **80MIN, \$180 / 110MIN, \$220**

Your expert therapist will use hot stones to warm your muscles alleviating aches, pains, and joint discomfort. The heat from the stones assists in healing of chronic pain, arthritic pain, and insomnia. Perfect for someone who enjoys the benefits of a deep tissue massage with a lighter touch.

#### **ANTI-INFLAMMATORY MASSAGE** **80MIN, \$180 / 110MIN, \$220**

Relieve inflammation, increase circulation, and assist in decreasing aches and pains in muscles and joints. This treatment will assist in increasing mobility and calming stiff joints and muscles. You will start with a dry brush exfoliation to increase circulation and prepare your body to de-stress. This process will prepare you to better receive the benefits of this therapeutic treatment.

#### **LE SPA SIGNATURE MASSAGE** **50MIN, \$135 / 80 MIN, \$175 / 110MIN, \$215**

Using a customized blend of techniques to address your needs, the therapist will consult with you to determine the perfect pressure and specific areas of concern to ensure optimum results.

#### **AROMATHERAPY MASSAGE** **50MIN, \$140 / 80 MIN, \$180 / 110MIN, \$220**

The Le Spa Signature Massage incorporating a blend of essential oils chosen by you.

#### **MOUNTAIN "HEELING"** **25MIN, \$100 / 50MIN, \$135**

Soothe and revitalize tired, sore legs and feet. An invigorating scrub exfoliates and refreshes aching feet while hot stones melt away tension, increase circulation, and eliminate toxins. This treatment restores peak performance to stressed muscles.

#### **DESERVING MOTHER'S MASSAGE** **50MIN, \$135 / 80MIN, \$175**

A soothing treatment for the mother-to-be, this massage improves circulation and provides a gentle, soothing touch for expectant mothers. Designed for mothers-to-be who are in their second trimester or farther along.

#### **COUPLE'S MASSAGE** **50MIN, \$270 / 80MIN, \$350 / 110MIN, \$430**

Enjoy a massage with a friend or a romantic partner on side-by-side massage tables set within our Couple's Suite. Two therapists work in unison to provide an unforgettable shared experience.

#### **IN-ROOM MASSAGE** **50MIN, \$190 / 80MIN \$235**

Enjoy a massage in the comfort and privacy of your hotel room.

#### **EXPRESS MASSAGE** **25MIN, \$100**

This results-driven massage is designed to ease away muscle tension in a specific area.



## **FACIALS**

### **PURITY FACIAL** **50MIN, \$145 / 80MIN, \$180**

This treatment deep cleanses to balance congested, breakout-prone skin, redefining the pores and leaving skin feeling purely refreshed, clear, and balanced.

### **AGE CORRECTIVE FACIAL** **50MIN, \$150 / 80MIN, \$185**

This actively firming facial addresses visible signs of aging. Using results-driven products to help noticeably firm and visibly diminish the appearance of fine lines and wrinkles.

### **Calming Facial** **50MIN, \$145 / 80MIN, \$180**

Your skin will be revived with a calm and even complexion. A beautifully calming treatment to soothe and nourish overstimulated skin.

### **LE SPA CUSTOM FACIAL** **50MIN, \$145 / 80MIN, \$180**

Our expert estheticians consult with you to customize your experience based on your skin's needs. Indulge in this signature treatment for the ultimate in skin rejuvenation.

### **GENTLEMAN'S FACIAL** **50MIN, \$145 / 80MIN, \$180**

Specifically designed for men's skin care concerns, this facial addresses the effects of harsh outdoor elements and higher altitudes.

**BEAUTY TREATMENTS ARE AVAILABLE AT STEIN ERIKSEN LODGE, TO  
CONFIRM HAIR OR MAKE-UP APPLICATION APPOINTMENTS PLEASE  
CONTACT THE LE SPA CONCIERGE TO ASSIST YOU AT (435) 658-9538.**

**PRIVATE YOGA INSTRUCTION ARE ALSO AVAILABLE BY APPOINTMENT.**

## **INFORMATION**

### **GRATUITIES**

For your convenience, a 20% gratuity will be added to all Le Spa services. Upon check-out, please feel free to adjust this in either direction based on your experience.

### **RESERVATIONS & CANCELLATIONS**

We ask that you please arrive at least 15 minutes prior to your scheduled appointment in order to allow time to prepare for your treatments and enjoy the steam room. Guests should plan to leave valuables in their rooms and silence cell phones during spa visits. Le Spa is reserved for guests over the age of 18 and children ages 12-17 when accompanied by an adult. Any changes or cancellations must be done 24 hours in advance of service to avoid being charged in full.